

# Rowhedge Directory

**Brownies** – Tues 6.15-7.45pm

Sarah Stapley 01206 728321

**Brushstrokes Art Group**– Thurs 10am & 2pm

Angelina 01206 728046

**Carolyn's Dance** – Tues & Thurs 6-7pm

Louise Walmsley – 07599 811000

**Carpet Bowls** – Mon & Wed 2.15-4.15pm

Roger Gooding 01206 729571

**Colchester Borough Councillor**

Cllr.michael.lilley@colchester.gov.co.uk

Cllr.adam.fox@colchester.gov.co.uk

Cllr.lee.scordis@colchester.gov.co.uk

**Cubs** – Mon 6.30-8.00pm

Tim Page - 07875261224

**Drs Surgery** – 01206 728585

www.rowhedgesurgery.co.uk

**Essex Concert Band** - Tues 7pm

Neil Summers - 07762899940

**Essex County Councillor** - Kevin Bentley

01206 382405, Kevin@birchandwintree.com

**Everydayoga Wellbeing** - Contact Fern 07545

087276 / phernanda1977@hotmail.com

**Jam Jar Cafe** - open daily 01206 729900

**Mariners Chapel** - Service every Sunday 10.30am

www.marinerschapel.co.uk

Simon Heard 07749481122

**Marinarts (sewing group)** - Thurs 7:30 - 9:00pm

at Mariners Chapel

**Rowhedge Allotments Assoc**

www.rowlots.org.uk

**Rowhedge Coastal Rowing Club**

Nina Crouchman 07775687531

**Rowhedge Community Choir**

Mon 8-9.30pm

Penny Sturt; 07910131870

**Rowhedge Crafters**

Dawn 07760558713

**Rowhedge Heritage Trust** - Keith Phillips (Sec)

07759606802 / rht6734@gmail.com

**Rowhedge Moorings Assoc.**

Dave Myers; 07876150101

**Rowhedge Residents Assoc.**

www.rowhedgera.co.uk ;

rowhedgeresidentsassoc@yahoo.co.uk

**Rowhedge Social Club** - 01206 728467

Friday Lunch Club (last Friday for the month-noon)

**Rowhedge Social Club Craft Group** – First Thurs of the month 7pm – 9pm

Ang Cass 01206 728057

**Rowhedge Under 5s**

Mon-Fri (term time)

Deborah Carroll-Head 01206 729042

**Rowhedge Village Hall**

Administrator 07780 923688

**Rowhedge Water Bailiff**

Julian Brett - 07780060605

**St Lawrence's Church**

Administrator 01206 729638/07763955684

**Friends of St Lawrence's Church**

John Sharp 01206 728272

www.foslcr7.wixsite.com/fosl

**St Lawrence's Primary School & PTA**

01206 728517

**Sea Scouts & Pioneers** – Fri 7.30-9.30 Alex

Cowie 07540 455343

**Sing Say Play** – 2<sup>nd</sup> Friday at Albion 8pm, 4<sup>th</sup> Wed

at Di & Ron's 7.30pm; David Cook 01206 728046

**Table Tennis** – Mon, Thurs, Fri eves

John Andrews 01206 273961

**Valentine Dance School** – Fri 3.15-7.15

Val White 01206 514419

**Village Lunch** – 3rd Tues monthly at 1pm

Barbara Sanderson 01206 728060

**Youth Group (11-16 yrs)** – Contact through

Facebook Wed 7-9.30pm @ Village Hall

If your group/association does not appear on this list, or there are any changes, please notify the Clerk:  
info@eastdonylandpc.co.uk